

**FOR IMMEDIATE RELEASE****CONTACT:**

Kate Quinones

407-739-4532 (cell)

[KateQuinones@costacg.com](mailto:KateQuinones@costacg.com)

## **LIGHTHOUSE CENTRAL FLORIDA CHILDREN'S PROGRAM VISITS EDIBLE EDUCATION EXPERIENCE**

**ORLANDO, Fla. (November 17, 2022)** – Students from [Lighthouse Central Florida's](#) Children's Program, which provides rehabilitation services for children living with vision impairment or blindness, recently participated in the Edible Education Experience, where they learned about growing and harvesting things like cotton, beans, pumpkin and squash. The children explored the garden using their senses of touch and smell, and learned about how dirt and fertilizer supports the growth of the food that we eat. Additionally, the children experienced cutting ingredients such as cheese, tomatoes and basil to create a salad, and also rolled pasta and made pesto sauce together.

Using their sense of taste, the children discussed the different flavors of the ingredients and how they work together. One Lighthouse Central Florida student shared: "This is the most fun I've had at Lighthouse. I've never made pasta before, but now I can show my mom how to do it at home." Lighthouse Central Florida thanks the Edible Education Experience's staff for providing great multisensory experiences for its students with no vision.

The Children's Program supports children ages 5-13 and their families with services that enhance each child's learning and ability to function independently, as well as engage with parents, guardians and family members.

---

### **About Lighthouse Central Florida**

*Since 1976, Lighthouse Central Florida has empowered the lives of thousands of children and adults living with vision loss and blindness, to lead productive, independent lives, while pursuing their dreams and goals without limitations. The organization is the only nationally accredited non-profit offering a comprehensive range of vision-specific rehabilitation services in Central Florida. With a blend of rehabilitation training, real-world application, and certified instructors, Lighthouse Central Florida ensures people of all ages can access life-changing vision rehabilitation services and live successful, independent lives beyond vision loss. For more information, visit [www.LighthouseCFL.org](http://www.LighthouseCFL.org).*

###